



**SAFE HANDS**  
CLINICAL CANINE MASSAGE

## Veterinary Consent Form

Karen Young MSc, BSc (Hons)

Tel: 07751 362 220

Email: karen@safehands.dog



<b>Owners Name:</b>	
<b>Address:</b>	
	<b>Postcode:</b>
<b>Telephone No:</b>	<b>Mobile No:</b>
<b>Email:</b>	

### Dog's Details

<b>Dogs Name:</b>	<b>Breed:</b>	<b>Sex:</b>
<b>D.O.B:</b>	<b>Colour:</b>	<b>Neutered?</b>

*I declare I am the legal owner of the above, named dog and that all information presented is correct to the best of my knowledge. I request consent for my dog to be treated by **Karen Young** who is a member of the professional association, the Canine Massage Guild and a Licensed Coach for the Canine Conditioning Academy. I understand that the consenting vet or surgery shall not be held responsible, nor liable for any aspect of the Clinical Canine Massage provided by the above, named therapist.*

*I accept full responsibility for divulging facts that may be relevant during treatment, particularly regarding any changes in my animal's health.*

### Owner

**Signature:** ..... **Print Name** ..... **Date**.....

#### YOUR VET MUST COMPLETE THIS AREA BELOW ALONG WITH A SIGNATURE

Details of condition requiring treatment & special instructions/ Areas of caution

**If you wish, please attach any medical history you deem relevant**

**Is the dog on medication? If yes, what:**

<b>Veterinary Surgeon name:</b>	<b>Practice Address or Practice Stamp:</b>
---------------------------------	--

<b>Email:</b>	<b>Telephone:</b>
---------------	-------------------

I find no reason at this time why the above, named dog cannot receive Clinical Canine Massage Therapy and / or Canine Conditioning Exercises\* \*Please delete if Canine Conditioning is not appropriate in this case

**Signature of Veterinarian** ..... **Print Name** ..... **Date**.....

*I, Karen Young, acknowledge and respect the Veterinary Surgeons Act 1966 and Exemption Order 2015 by never working upon an animal without gaining prior veterinary consent. As stated by the RCVS, "physiotherapy" is interpreted as including all kinds of manipulative therapy (Section 19.21)*



## Veterinary Consent Form

Karen Young MSc, BSc (Hons)

Tel: 07751 362 220

Email: karen@safehands.dog



- ▶ I, Karen Young, am a member of the Canine Massage Guild and I have trained for 2 Years on the Clinical Canine Massage Practitioner Programme externally accredited by LANTRA via the Canine Massage Therapy Centre.
- ▶ I have trained for 1 year on the Canine Conditioning Academy Instructor programme externally accredited by Rural Skills Council and am a practicing and Licensed Canine Conditioning Academy Coach
- ▶ My professional membership, training and credentials may be checked by visiting [www.k9-massageguild.co.uk/therapistregister](http://www.k9-massageguild.co.uk/therapistregister) and [www.canineconditioningacademy.co.uk/classes-club-talks/#instructor](http://www.canineconditioningacademy.co.uk/classes-club-talks/#instructor)
- ▶ More information about me can be found on my own website [www.safehands.dog](http://www.safehands.dog) or I welcome your phone call on 07751 362 220
- ▶ The Canine Massage Guild began participating in the world's first clinical trials with Winchester University and Sparsholt University Centre in 2018. The results, published in the Vet Record in June 2021, found "95% of dogs responded to Canine Massage Therapy" and that there was a "significant decrease in pain severity following therapy" The Clinical Trials research is available here: <https://bvajournals.onlinelibrary.wiley.com/doi/full/10.1002/vetr.586>
- ▶ Each year I commit to a minimum of 25 hours CPD as part of the Canine Massage Guild and the Canine Conditioning Academy's strong code of ethics and conduct.
- ▶ I hold my own professional indemnity and public liability insurance which covers both my massage and conditioning activities. This is audited annually by the Canine Massage Guild.
- ▶ I abide by the Veterinary Surgeons Act 1966 and Exemptions Order 2015. Manipulation under massage therapy is limited to (or refers to) soft tissue and testing a joint's range of motion. I do not manipulate joints like a chiropractor.
- ▶ I specialise in Myofascial Release, Remedial Sports Massage, Deep Tissue Massage and Swedish Massage as well as the Lenton Method® of Myofascial Release. More details are on the Canine Massage Guild website.
- ▶ I ensure continuity of client care by providing a written report back to the surgery upon completion of a client's initial massage sessions.
- ▶ I comply with GDPR Compliance 2018 and the Data Protection Act 1998.
- ▶ Clinical Canine Massage Therapy is suitable for:
  - soft tissue injury rehabilitation
  - chronic pain management, including from orthopaedic conditions
  - pre and post-operative care
  - sporting, working, and agility competitors
  - anxiety and stress related conditions.
- ▶ If you would like an Integrated Veterinary Care Initiative educational pack on Clinical Canine Massage for your surgery, please contact me and I will be more than happy to send one for your perusal.
- ▶ Canine Conditioning exercises are suitable for any dog as long as they are not in pain or where their pain is being managed under the supervision of a veterinarian. I run regular Core Conditioning classes which train a dog's core musculature, which in turn improves posture, gait, flexibility and strength.
- ▶ Conditioning exercises given to massage clients will be given for issues identified during massage treatment such as generalised hind limb weakness. Where an issue is identified which requires specialised physiotherapy or further investigations I will refer the dog back to the veterinarian. Exercises are carried out at a walk on stable surfaces and full explanations, demonstrations and observations of the client carrying out the exercises will be completed before the client leaves the clinic.
- ▶ I am available for Lunch 'n' Learns or client presentation evenings to speak on Clinical Canine Massage Therapy, Core Body Conditioning or as a joint initiative on specific topics such as Osteoarthritis, Chronic Pain etc.

***I, Karen Young, acknowledge and respect the Veterinary Surgeons Act 1966 and Exemption Order 2015 by never working upon an animal without gaining prior veterinary consent. As stated by the RCVS, "physiotherapy" is interpreted as including all kinds of manipulative therapy (Section 19.21)***