



INFORMATION FOR VETERINARY PROFESSIONALS



Working with veterinary diagnosed conditions, Clinical Massage addresses tissue dysfunction that can cause pain, restrict movement and affect posture.

Using Swedish, Sports and Deep Tissue techniques in combination with direct and indirect Myofascial releases, Karen offers:

- Pain relief
- Improved posture
- Easier movement
- Improved and speedier recovery
- Reduced stress and anxiety
- Reduced risk of injury
- Greater body awareness
- Improved performance.

Karen, working with veterinary approval, can support the treatment of:

- Anxiety, stress and depression
- Chronic pain
- Degenerative myelopathy
- Dysplasia (Hip and Elbow)
- Fatigue & Stamina issues
- Intervertebral Disc Disease
- Luxating patella
- Myalgia
- Myofascial Pain
- Neurological Inhibition
- NSAIDs intolerant dogs
- Osteoarthritis
- Osteochondritis Dissecans
- Pre & Post-Operative recovery
- Sciatica
- Somatic Dysfunction
- Spondylosis
- Strains & Sprains
- Syringomyelia
- Tendonitis
- Trigger Points.

Please also note that early treatment almost always results in a better outcome.

*“ ..problems with incontinence . . . an unbalanced gait . . . a dog that did not like touch and would never really “rest”.
 Not any more . . . all issues gone and a dog that is really happy having time out with you now in between zoomies. ”*

JACKIE, WELWYN.



Qualifications:

Karen has completed and passed a rigorous two-year Clinical Canine Massage Practitioner programme, and continues to adapt and update her knowledge with at least 25 hours relevant Professional Training a year.

Karen is a Canine Massage Guild member which means she is professionally trained in:

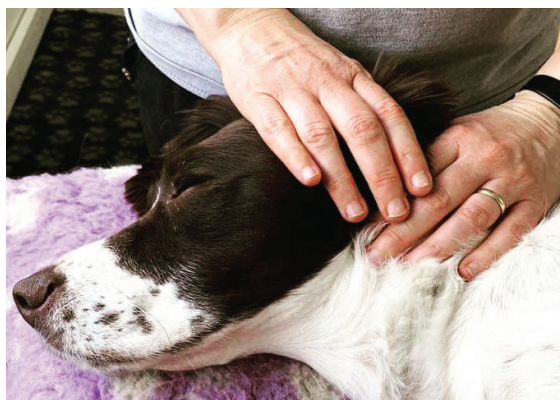
- Applied Canine Anatomy and Physiology
- Gait Analysis
- Orthopaedic Conditions and Pathologies
- Neurological Conditions
- Clinician Skills.

Karen has also been trained in the **Lenton method**[®]
This registered method consists of:

- A structured, scientific method for assessing soft tissue using advanced palpation skills
- A body-map of common injuries, developed over more than a decade in clinical practice
- Bespoke myofascial protocols which return dysfunctional tissue to a normal supple condition.

Karen works to clinical best practice standards by:

- Expecting tangible results in no more than three sessions, or Karen will refer the dog back to their vet.
- Assessing whether recommended changes to activities and the dog's home environment are being undertaken such that the owner sees lasting outcomes.
- Focusing on aiding recovery and addressing the causes of injury.
- Managing the compensation and splinting caused by injury and disease.
- Working alongside veterinary professionals and other complementary therapists such as hydro, physio and acupuncturists to achieve the best outcome for each dog
- Being fully insured and adhering to National Occupational Standards to keep the owner, dog and therapist safe. This may need the use of a table and muzzles where appropriate.



To find out more or to book a free team presentation please call Karen on 07751 362 220 or email karen@safehands.dog
You can also check the website : www.safehands.dog

Guild therapists get visible results in 1-3 sessions.

